Occupational Therapy Patient's Progress Report

Date: 5/12/2018

Patient Name: Mohammed khalifa Abdullah Aldhaheri	Patient File Number: 1592
Diagnosis: Down syndrome, unspecified , Other developmental disorders of speech and language	Age: 4 years 1 month

Case History:

The above mentioned client was diagnosed with Down syndrome, unspecified , Other developmental disorders of speech and language, with delayed cognition and communication skills, he came to our center in 6/9/2016 for assessment/rehabilitation and treatment plan.

In this report you can find client's abilities and weaknesses in different areas (gross motor, fine motor, activities of daily living ADL's, sensory interaction, kinesthesia/ proprioceptive and balance and preschool skills).

Previous condition:

Delayed Sensory integration (proprioception , vestibular) , delay cognitive skills (concentration , attention , following orders,sorting , pointing) , delayed fine motor skills (grasping , tip to tip grasp , tolerance and endurance for hand muscles) , delayed dynamic balance in walking , behavioural problems

Delayed social communication and interaction , delayed in ADL

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Current functional status/ Prognosis:

- He can sit and tolerate table top activities for 20m.
- know the tasks/tools/materials.
- Able to follow simple orders.
- Improved in play skills, socially interactive and improvements in eye contact
- He can take off his shoes and socks, and able to take on independently
- He can color the shapes and pictures inside the high edge heavy outline 60% achieved .
- He can use the pencil (pencil grasp) with minimal assistance (Hand dissociation still emerge)
- identify the basic shapes like circle, square and tringle and as well with colors and as well he can count until 10, as well with animals.
- Behavioral modification programmed also be in OT session and be followed all the rules for waiting skills, respond on name and socialization.
- He can understand Arabic and English language

Treatment Plan and Goals:

Short term:

1. Improve grasping skills (tripod grasp, tip-tip grasp and pencil grasps)
2. Improve visual-motor and academic skills (matching, identifying and sorting 3-4 shapes, prewriting).4/5 trials
3. Improve cognitive skills (attention, concentration span and following command from 2 orders)
4. improve Mohammad general muscle strength
5.

Long term:

1- Improve prewriting skills (using the penciled, color inside the high edge heavy outline. Imitate sleeping/standing lines and simple shapes). 3/5trials
2- He will be able to use the bathroom using bathroom schedule with maximal assistance.
3- He will be able feed himself independently.

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Recommendations:

Direct Occupational therapy sessions will be more beneficial, and it's recommended for him to take 3 session per week.

Joining to the kindergarten /school to improving his preacademic and academic skills

Therapist Name and Signature:

Taher Salahaldeen

برلين للتأهيل الطبي والعصبي ذ.م.م
Berlin Medical & Neurological Rehabilitation L.L.C.
Taher Mahmoud Taher Salahaldeen
Occupational Therapist
GT20185

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